



MASSAGE & TREATMENT MENU

Harmony Donostia
Body · Face · Wellness

- - light
- - medium
- - firm
- - very firm

Massages PRICES

Relaxing Massages



	Individual	Couples	Intensity
Relaxing Massages	75€	150€	50 min ●/●●
	95€	190€	75 min
	115€	230€	90 min
Leg & Foot Massage	75€	150€	50 min ●/●●
Relaxing Facial Massage	65€	130€	50 min ●/●●

Special Massages

	Individual	Couples	
Deep Tissue	95/130€	190/260€	60/90 min
Combines firm pressure and slow movements to release tension, relieve pain, and improve mobility. ●●●/●●●●			
Lomi Lomi Massage	85/115€	170/230€	60 /90 min
A Hawaiian technique with rhythmic, flowing movements that mimic the waves of the ocean. It deeply relaxes, releases tension, and balances body and mind. ●/●●			
Candle Massage	90/125€	180/250€	60/90 min
Warm oils from melted candles envelop the skin, providing deep hydration, relaxation, and well-being. A sensory luxury for body and mind. ●/●●			
Hot Stone Massage	130€	-	90 min ●●



Reflexology



		Intensity
Back Reflexology with Classic Massage	75€	50 min ●●●
This intense massage combines precise reflexology pressure with classic massage techniques to release deep tension and leave you feeling refreshed.		
Classic Foot Reflexology ...	75€	50 min ●●
This massage stimulates key points in the feet to release tension, balance energy, and promote deep well-being.		

Prices valid from 20 January 2026. Subject to change.

The indicated duration of each massage already includes 5 minutes for changing. You will find all the details in our booking policy at www.harmony.com.es



Thermes Marins Facials



Individual Couples

Hydra Marine **90€ & 180€** 60 min

A facial treatment accompanied by a relaxing facial massage, it acts as a powerful regulator of moisture in the skin. Your skin will be hydrated, calmed, and radiant with vitality. Ideal for dehydrated skin.

Individual Couples

Anti-aging Marine **95€ & 190€** 60 min

Wrinkles and fine lines? This regenerating treatment combined with an anti-aging facial massage will reduce wrinkles and fine lines, leaving your skin visibly smoother.



Individual Couples

Nutri Marine **90€ & 180€** 60 min

This treatment restores the skin's hydrolipidic film, accompanied by an oxygenating massage. Your skin becomes nourished, flexible, and radiant. Ideal for mature, dry, and lackluster skin.



Individual Couples

Express Glow Care **50€ & 80€** 25 min

A well-being procedure to quickly brighten and revitalize the skin.



Thermes Marins Body



Individual Couples

Volcanic dream **195€ & 390€** 120 min

Enjoy the benefits of mud and geothermal water with relaxing effects. Inhale the citrus aroma enriched with vitamins and enjoy its essential oils. Your skin will be reborn and regain its beauty as you discover a sunny climate that feels like a dream.

The treatment includes:

Mineral lava dust peeling - 30 min

Relaxing massage with orange blossom wax - 55 min

Beautifying volcanic earth body mask - 35 min

Individual Couples

Balinese dream **185€ & 370€** 120 min

Let your mind search for exotic flowers on the island of Bali, where biodiversity is the Queen. Begin your floral journey with coconut and soursop, followed by the firming and anti-aging effects of hibiscus flower extract, perfectly blended with cherry blossoms for strong relaxation benefits.



The treatment includes:

Soursop and coconut granita exfoliant - 30 min

Relaxing massage with cherry blossom balm - 55 min

Beautifying body mask with hibiscus flower - 35 min

Individual Couples

Rêve d'Okinawa **185€ & 370€** 120 min

Release your mind and travel to the heart of meditation, where calm and serenity prevail. Inspired by Japanese wellness, this ritual invites you to disconnect and reconnect with your essence. Rich in magnesium, Oyster Shell Powder provides an anti-stress effect, while cotton and rice oils soften, hydrate, and revitalize the skin, enveloping you in a deep sense of well-being.



The treatment includes:

Body exfoliation with Oyster Shell & Sacred Lotus - 30 min

Relaxing massage with Green Tea Oil - 55 min

Cotton Mousse body mask - 35 min



Beauty PRICES

Harmony Rituals



Luminescence Ritual **95€** 90 min
 Our best seller! Includes deep facial cleansing, cupping massage to stimulate collagen, facial lymphatic drainage, hydration, vitamin C nourishment, and a relaxing massage of the head, neck, and shoulders, with stimulation of the hair follicles.



Rejuvenation Ritual **110€** 90 min
 Renew your skin with this luxurious treatment that includes cleansing, exfoliation, and facial cupping massage to stimulate circulation and enhance radiance. Enjoy a lifting massage with an anti-aging serum rich in vitamins A, E, and F, followed by a firming mask and high-quality products for mature skin, leaving your face firm, hydrated, and radiant.



Detox Ritual **95€** 90 min
 Cleanse and purify your skin! This treatment includes deep cleansing, facial wood therapy to stimulate circulation and eliminate toxins, high-frequency treatment, and a detox mask to hydrate and brighten. The experience ends with a relaxing head and neck massage, followed by intense hydration for fresh, radiant skin.

Deep Cleansing with Hydration **60€** 50 min

Facial Wood Therapy

	Individual	Couples	
Express Facial Wood Therapy	50€	100€	30 min

Massage with wooden tools to stimulate circulation, reduce puffiness, and improve firmness. Ideal for those seeking a firming and revitalizing effect in a short time.

Complete Facial Wood Therapy	80€	160€	60 min
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A complete facial treatment that includes cleansing, exfoliation, wood therapy massage, a hydrating/nourishing mask, and a final cream. Perfect for firming and revitalizing the skin.



Wood Therapy PRICES

MADERO BEAUTY (CLASSIC SCULPTING)



Torso Wood Therapy	55€	30 min
Abdomen & Back		
Wood Therapy I	75€	45 min
Full Legs & Glutes		
Wood Therapy II	85€	60 min
Full Legs, Glutes & Abdomen		
Wood Therapy III	105€	80 min
Full Legs, Glutes, Abdomen, Back & Arms		

MADERO DEEP (DEEP MUSCULAR / RELAXING)

We are preparing this treatment.
Available very soon.



MADERO DETOX (LYMPHATIC WOOD THERAPY)

We are preparing this treatment.
Available very soon.





LPG BODY

Personalized according to your goals: firming, drainage, or body contouring. Includes a free consultation and progressive adjustment of intensity.

LPG - COMPLETE PROGRAM

Duration	1 session	(-10%) 6-pack	(-15%) 10-pack	(-20%) 15-pack
35 min	85 €	460 € (76,60€)	725 € (72,50€)	1020 € (68,00€)
50 min	95 €	515 € (85,80€)	810 € (81,00€)	1140 € (76,00€)

LPG FOCUS (TARGETED AREA) · 15 MIN

Single session price 6-session pack (-10%)

45 € 245 € (40,80 €/session)



FACE

Personalized treatment according to your goals: natural lifting, drainage, anti-aging, or revitalization.

Includes a free consultation and progressive adjustment of intensity.

LPG FACE - COMPLETE PROGRAM

Duration	1 session	(-10%) 6-pack	(-15%) 10-pack	(-20%) 15-pack
30 min	75 € *55€	405 € (67,50€)	640 € (64,00€)	900 € (60,00€)
40 min	85 € *65€	460 € (76,60€)	725 € (72,50€)	1020 € (68,00€)

LPG FLASH (SMALL AREA) · 10 MIN

Single session price 6-session pack (-10%)

35 € **25 € 190 € (31,60 €/sesión)

*Add it to any facial treatment for only €55 / €65

**Add it to any facial treatment for only €25



Pressotherapy PRICES

Drainage, lightness, and well-being through the most advanced pneumatic technology.

Pressotherapy activates circulation and the lymphatic system through sequential compression massage.

It is ideal for reducing swelling, eliminating toxins, and achieving an immediate feeling of lightness in the body.

PRICES

PROGRAM Duration Single session price

Lymphatic	55 min	75 €
Circulatory	30 min	50 €
Cellulite	40 min	60 €
Toning	30 min	50 €
Fluid retention	30 min	50 €
Relaxation	30 min	50 €
Postpartum	35 min	55 €
Pre-liposuction	40 min	60 €
Post-liposuction	40 min	60 €

6-pack (-10 %)

Ideal para objetivos específicos o programas de mantenimiento.

10-pack(-15 %)

Personalized intensive plan with follow-up.

15-pack (-20 %)

Long-lasting results and comprehensive maintenance.

Possibility to combine different programs according to the client's needs.

Brazilian Lymphatic Drainage

Full Body 80€ 60 min •

A comprehensive treatment that begins with Brazilian lymphatic drainage to stimulate circulation, eliminate toxins, and reduce fluid retention. This is followed by a toning massage to sculpt the body, improve skin firmness, and redefine the silhouette. Ideal for those seeking a lighter body with smoother, firmer, and decongested skin.

