



MASSAGE & TREATMENT MENU



Prices valid from August 1,
2026. Subject to change.



SENSORY Relaxation Ritual



A UNIQUE RELAXATION EXPERIENCE THAT
CAN'T BE EXPLAINED... ONLY FELT.

CALM

PRESENCE

DISCONNECTION



We work on the scalp, neck, and back to
create a deep sense of calm, lightness, and
complete relaxation.



A ritual designed to deeply relax the nervous system
and promote a profound sense of calm and well-being.

ESPECIALLY RECOMMENDED FOR THOSE LOOKING TO
SWITCH OFF, UNWIND, AND RESTORE A SENSE OF CALM.



EXPRESS SENSORY RITUAL

A short yet immersive experience designed to release tension.

25 MIN

45€



DEEP NEURO-SENSORY RITUAL

Our most complete ritual for a deeply
relaxing, full-body experience.

45 MIN

65€



TOTAL RELAXATION RITUAL

Sensory ritual + personalised full-body massage.

75-90 MIN

110€ - 125€

Book now

YOUR MOMENT OF WELL-
BEING AWAITS.



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www.harmony.com.es



HARMONY DONOSTIA
Manterola n.º 7, 20007
Donostia - San Sebastian



Relax. Renew. Reconnect.

OUR SIGNATURE MASSAGES



RELAXING MASSAGE

Releases tension and reduces stress, helping both body and mind unwind. Improves circulation and promotes a deep sense of calm and well-being.

Intensity: ● / ● ●

50 min	75€
75 min	95€
90 min	115€

Individual price

Available for couples



LOMI LOMI

Rhythmic, flowing movements inspired by ocean waves. Relieves tension, promotes deep relaxation, and restores balance to body and mind.

Intensity: ● / ● ●

50 min	75€
75 min	95€
90 min	115€

Individual price

Available for couples



CANDLE MASSAGE

Warm oils deeply nourish the skin while promoting relaxation and well-being. A luxurious sensory experience for body and mind.

Intensity: ● / ● ●

50 min	85€
75 min	105€
90 min	125€

Individual price

Available for couples



DEEP TISSUE MASSAGE

Combines firm pressure with slow, controlled movements to release tension, relieve pain, and improve mobility.

Intensity: ● ● ● ●

Individual price

50 min	90€
75 min	115€
90 min	135€

Available for couples



SPECIALISED MASSAGES



Leg & Foot Massage

Relaxes tired legs and feet while improving circulation.

50 min **75€** Intensity: ● / ● ●



Head & Facial Massage

Relieves tension in the head, neck, face, and shoulders.

50 min **65€** Intensity: ● / ● ●



Lymphatic Drainage

Promotes circulation, supports the elimination of toxins, and helps reduce fluid retention.

60 min **80€** Intensity: ●



Hot Stone Massage

Deep heat relaxes the muscles and releases tension.

90 min **130€** Intensity: ● ●



REFLEXOLOGY

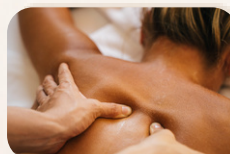


FOOT

Stimulates reflex points in the feet to help restore balance, improve circulation, and promote deep relaxation.

Intensity: ● ●

50 min **75€**

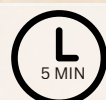


BACK

Reflex points are first stimulated without oil, followed by a relaxing oil massage to release tension and promote deep relaxation.

Intensity: ● ● ●

50 min **75€**



TREATMENT TIME
INCLUDES TIME FOR
CHANGING.



ADVANCE BOOKING
RECOMMENDED



IN
TE
N
SI
TY

● - gentle
● ● - medium
● ● ● - firm
● ● ● ● - very Firm

Massages & Wellness Experiences

Your moment
of well-being
starts here.



HARMONY RITUALS



Radiance Ritual

Our best seller! Includes a deep facial cleanse, collagen-stimulating facial cupping, facial lymphatic drainage, hydration, vitamin C nourishment, and a relaxing head, neck, and shoulder massage.

95€

90 min



Rejuvenation Ritual

Renew your skin with a treatment combining cleansing, exfoliation, facial cupping, and a lifting massage with an anti-ageing serum. The treatment finishes with a firming mask and products designed for mature skin, leaving your complexion firm, hydrated, and radiant.

110€

90 min



Detox Ritual

Cleanse and purify your skin! This treatment combines a deep cleanse, facial maderotherapy to stimulate circulation and support lymphatic drainage, high-frequency therapy, and a detox mask. It finishes with a relaxing head and neck massage and intense hydration, leaving the skin fresh, luminous, and radiant.

95€

90 min

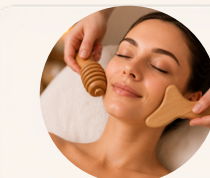


Deep Cleansing & Hydration

60€

50 min

FACIAL MADEROTHERAPY



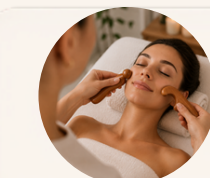
Express Facial Maderotherapy

A massage using wooden tools to stimulate circulation, reduce puffiness, and improve firmness. Ideal for those seeking a quick firming and revitalising effect.

Individual
50€

Couples
100€

30 min



Complete Facial Maderotherapy

A complete facial treatment including cleansing, exfoliation, maderotherapy massage, a hydrating/nourishing mask, and finishing cream. Perfect for firming and revitalising the skin.

Individual
80€

Couples
160€

60 min

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THERMES MARINS

BEAUTY • WELLNESS • RESULTS

PREMIUM FACIALS



Hydra Marine

A facial treatment combined with a relaxing massage to deeply restore and maintain hydration. Leaves the skin calm, refreshed, and visibly revitalised.

Individual

90€

Couples

180€

60 min



Anti-aging Marine

A regenerating treatment combined with an anti-ageing facial massage to help soften wrinkles and fine lines while improving skin firmness and elasticity.

Individual

95€

Couples

190€

60 min



Nutri Marine

A nourishing treatment that restores the skin's natural barrier, improving suppleness, comfort, and radiance. Ideal for dry or dull skin.

Individual

90€

Couples

180€

60 min



Express Glow Care

An express treatment designed to brighten, revitalise, and refresh the skin in a short amount of time. Perfect before a special event.

Individual

50€

Couples

100€

25 min



PREMIUM BODY TREATMENTS



Volcanic Dream

120 min

The treatment includes:

Mineral lava powder exfoliation – 30 min
Relaxing massage with orange blossom wax – 55 min
Volcanic earth beautifying body mask – 35 min

Enjoy the relaxing benefits of mineral-rich mud and geothermal water. Breathe in the uplifting citrus aroma, enriched with vitamins and essential oils. Your skin is renewed, revealing its natural beauty while your senses escape to the warmth of a sun-kissed dream.

Individual

195€

Couples

390€



Balinese Dream

120 min

The treatment includes:

Guanabana and coconut granita exfoliation – 30 min
Relaxing massage with orange blossom wax – 55 min
Hibiscus flower beautifying body mask – 35 min

Let your mind wander to the exotic flowers of Bali, an island rich in biodiversity. Begin your floral journey with coconut and soursop, followed by the firming and anti-ageing benefits of hibiscus flower extract, beautifully blended with cherry blossom for a deeply relaxing experience.

Individual

185€

Couples

370€



Okinawa Dream

120 min

The treatment includes:

Oyster and sacred lotus body exfoliation – 30 min
Relaxing massage with green tea oil – 55 min
Cotton mousse beautifying body mask – 35 min

Free your mind and journey into a state of deep calm and serenity. Inspired by Japanese wellness traditions, this ritual invites you to switch off and reconnect with yourself. Magnesium-rich oyster shell powder helps relieve stress, while cotton and rice oils soften, hydrate, and revitalise the skin, enveloping you in a profound sense of well-being.

Individual

185€

Couples

370€

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HARMONY Body Maderotherapy

ADVANCED MANUAL TREATMENT TO
RESHAPE, TONE, AND RELAX THE BODY.

A manual technique using wooden tools to stimulate circulation, mobilise tissues, and visibly improve skin texture.

BENEFITS

- Smooths cellulite and "orange-peel" skin.
- Defines the silhouette and targets localised areas.
- Firms and tones the skin.
- Promotes drainage and a feeling of lightness.
- Relieves muscle tension and reduces stress.
- Smoother, more even-looking skin.

WHO IS IT IDEAL FOR?

- Visible cellulite or areas with localised volume.
- Heavy legs or fluid retention.
- For those seeking an intensive yet relaxing manual treatment.

WHAT YOU'LL NOTICE

- FROM THE 1ST SESSION**
A feeling of lightness and softer skin.
- AFTER 4–6 SESSIONS**
Improved skin texture and body contours.
- FULL PROGRAM (10–15 sessions):**
More defined, longer-lasting results.

RECOMMENDED FREQUENCY

- 1–2 times per week during the initial phase.
- Maintenance: 1 session every 2–4 weeks.

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Madero Beauty (Classic Body Contouring)

A body-contouring technique that reshapes the silhouette, reduces the appearance of cellulite, and leaves the skin firmer and smoother.



Maderotherapy Detox (Lymphatic Drainage)

A drainage technique that stimulates the lymphatic system, helps reduce fluid retention, and promotes a feeling of lightness.

Duration	1 session	Pack 6 (10%)	Pack 10 (15%)	Pack 15 (20%)
30 min	55 €	300 € (50,00 €)	470 € (47,00 €)	660 € (44,00 €)
45 min	75 €	405 € (67,50 €)	640 € (64,00 €)	900 € (60,00 €)
60 min	85 €	460 € (76,60 €)	725 € (72,50 €)	1020 € (68,00 €)
80 min *75 min	105 €	570 € (95,00 €)	890 € (89,00 €)	1260 € (84,00 €)

MADERO BEAUTY (CLASSIC BODY CONTOURING)

Trunk Maderotherapy: 30 min – Abdomen + Back

Maderotherapy 1: 45 min – Full Legs + Glutes

Maderotherapy 2: 60 min – Full Legs + Glutes + Abdomen

Maderotherapy 3: 80 min – Full Legs + Glutes + Abdomen
+ Back + Arms

MADEROTHERAPY DETOX (LYMPHATIC DRAINAGE)

Maderotherapy 1: 45 min – Full Legs + Glutes

Maderotherapy 2: 60 min – Full Legs + Glutes + Abdomen

Maderotherapy 3: 75 min – Full Legs + Glutes + Abdomen + Arms

COMBINE TREATMENTS TO ENHANCE RESULTS



Pressotherapy: drainage and a feeling of lightness. With every maderotherapy package, enjoy 25% off your pressotherapy sessions.



LPG: skin firming and contouring. Personalised maderotherapy + LPG packages tailored to your goals.

IMPORTANT INFORMATION:

- Intensity can be adjusted to suit your sensitivity and goals. Some areas with active cellulite may feel more intense.
- Not recommended during pregnancy, active inflammation, or following recent surgery. Please consult us beforehand.
- Includes a complimentary consultation and a personalised treatment plan.
- Packages are non-transferable and valid for 6 months.



LPG - BODY

Personalised Body Treatments

Define your silhouette according to your goals: firm, drain, and reshape your body naturally.

LPG Body – Complete Program

Personalised to your goals: firming, draining, or reshaping the silhouette. Includes a complimentary consultation and progressive intensity adjustment.

Duration	1 session	(-10%) Pack 6	(-15%) Pack 10	(-20%) Pack 15
35 min	85 €	460 € (76,60€)	725 € (72,50€)	1020 € (68,00€)
50 min	95 €	515 € (85,80€)	810 € (81,00€)	1140 € (76,00€)

LPG Focus (targeted area) • 15 min

A quick, targeted treatment for a specific area: abdomen, glutes, arms, or inner thighs. Ideal for boosting results or maintenance.

Individual price	6-session package (-10%)
45 €	245 € (40,80 €/session)

✦ Important Information

- All treatments include a **complimentary consultation** beforehand to personalise your treatment plan.
- Packages are personal, non-transferable, and **valid for 6 months** from the date of purchase.
- After completing the initial program, a maintenance session is recommended every **2–4 weeks**.




LPG - FACE

Personalised Facial Treatments

Firms, redefines, and restores your skin's natural radiance by stimulating circulation and collagen for a firmer, more revitalised complexion.

LPG Face – Complete Program

Personalised treatment tailored to your goals: natural lifting, drainage, anti-ageing, or revitalisation. Includes a complimentary consultation and progressive intensity adjustment.

Duration	1 session	(-10%) Pack 6	(-15%) Pack 10	(-20%) Pack 15
30 min	75 € *55€	405 € (67,50€)	640 € (64,00€)	900 € (60,00€)
40 min	85 € *65€	460 € (76,60€)	725 € (72,50€)	1020 € (68,00€)

LPG Flash (small area) • 10 min

An express treatment for the eye area, lips, neck, or double chin. Perfect as an add-on to other treatments or as an introduction to LPG.

Individual price	6-session package (-10%)
35 € **25 €	190 € (31,60 €/session)

✦ Important Information

- All treatments include a **complimentary consultation** beforehand to personalise your treatment plan.
- Packages are personal, non-transferable, and **valid for 6 months** from the date of purchase.
- After completing the initial program, a maintenance session is recommended every **2–4 weeks**.

*Add it to any facial treatment for only €55/€65.
Add it to any facial treatment for only €25.





PRESSOTHERAPY

Drainage, lightness, and well-being through advanced pneumatic technology.

Pressotherapy stimulates circulation and the lymphatic system through sequential compression massage. It is ideal for reducing swelling, supporting toxin elimination, and providing an immediate feeling of lightness throughout the body.

PRICING

PROGRAM	Duration	Individual Price
Lymphatic	55 min	75 €
Circulatory	30 min	50 €
Cellulite	40 min	60 €
Toning	30 min	50 €
Fluid Retention	30 min	50 €
Relaxation	30 min	50 €
Postpartum	35 min	55 €
Pre-Liposuction	40 min	60 €
Post-Liposuction	40 min	60 €

Pack 6 (-10 %)

Ideal for specific goals or maintenance programs.

Pack 10 (-15 %)

Personalised intensive plan with ongoing progress monitoring.

Pack 15 (-20 %)

Long-lasting results with comprehensive maintenance.

Different programs can be combined according to each client's individual needs.

✦ Important Information

- All treatments include a **complimentary consultation** beforehand to personalise your treatment plan.
- Packages are personal, non-transferable, and **valid for 6 months** from the date of purchase.
- After completing the initial program, a maintenance session is recommended every **2-4 weeks**.



WHICH ONE SHOULD YOU CHOOSE?

Maderotherapy, LPG or Pressotherapy

Not sure where to start? We'll help you choose the ideal treatment for your goals: drainage, firming, or body contouring.



Pressotherapy

Goal: stimulate circulation and reduce fluid retention.

Ideal if you want immediate lightness and less swelling in the legs.

→ Leaves you feeling lighter and more relaxed from the very first session.



LPG

Goal: firm and reshape the silhouette.

Ideal if you want to improve skin texture and redefine your body.

→ Stimulates collagen production and visibly smooths the skin.



Maderotherapy

Goal: revitalise tissues and tone the skin.

Ideal if you prefer a more intensive manual treatment.

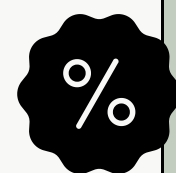
→ Refines the skin and visibly improves firmness.



Recommended combinations

- **Pressotherapy + LPG** → drainage and definition.
- **LPG + Maderotherapy** → intensive body contouring.
- **Maderotherapy + Pressotherapy** → detox and toning.

All programs are personalised and tailored to each person's body type and individual goals.



Combination Offer

With every maderotherapy or LPG session, enjoy **25% off pressotherapy sessions**.

⌚ They must be used on the same day or within the same week as your main treatment and booked in advance.